

Rayat Shikahan Sanstha's,
Sadguru Gadage Maharaj College, Karad
(An Autonomous College)

BA I

Syllabus of Psychology as per NEP
(Revised Syllabus to be implemented from July, 2023 onwards)

1. TITLE: Subject – Psychology

Under the Faculty of Humanities

2. YEAR OF IMPLEMENTATION: - NEP 2020/Revised Syllabus (CBCS) will be implemented from JULY-2023 onwards.

3. PREAMBLE:-

The Board of Studies should briefly mention foundation, core and applied components of the course/paper. The student should get into the prime objectives and expected level of study with required outcome in terms of basic and advance knowledge at examination level.

4. GENERAL OBJECTIVES OF THE COURSE/ PAPER/:

(As applicable to the Degree /Subject- Paper concerned)

1. To acquaint students with basic concepts of Psychology.
2. To make students aware with neuroscience and behavior.
3. To make students aware with motivation, various approaches of motivation and human needs.
4. To understand emotions, range and the roots of emotions.

5. DURATION

- The course shall be a full time course.
- The duration of course shall be of Three years.

6. PATTERN:-

Pattern of Examination will be Semester.

7. FEE STRUCTURE: - (as applicable to regular/self-supporting course) as per /Autonomous College/Government / University rules/norms.

8. ELIGIBILITY FOR ADMISSION:-

As per eligibility criteria prescribed for each course and the merit list in the qualifying examination.

9. MEDIUM OF INSTRUCTION:

The medium of instruction shall be in English or Marathi. (As applicable to the Course/Programme concerned.)

10. INTERNAL ASSESSMENT

Per paper there will be internal assessment for 20 marks. Each student has to submit Home Assignment

11. STRUCTURE OF COURSE:

(Note –The structure & title of papers of the degree as a whole should be submitted at the time of submission/revision of first year syllabus.)

FIRST YEAR SEMESTER I& II (NO.OF PAPERS 02)

Sr. No.	Course	Theory Marks	Practical Marks	Internal Marks	Total Marks
01	Introduction of Psychology	80	--	20	100
02	Principles of Psychology	80	--	20	100

12. SCHEME OF TEACHING AND EXAMINATION:-

[The scheme of teaching and examination should be given as applicable to the course/paper concerned.]

FIRST YEAR / SEMESTER – I & II Scheme of Teaching and Examination

Sr. No.	Course	Teaching Scheme(Hrs./Week)				Examination Scheme (Marks)			
		L	T	P	Total	Theory	Practical	Term Work	Total
1	Introduction of Psychology	4			4	80		20	100
2	Principles of Psychology	4			4	80		20	100
Total		08			08	80	00	20	100

SCHEME OF EXAMINATION:-

- The examination shall be conducted at the end of each term.
- The Theory paper shall carry 80 marks.
- The evaluation of the performance of the students in theory papers shall be on the basis of Semester Examination of 80 marks.
- Question Paper of Theory will be set in the view of the /in accordance with the entire Syllabus and preferably covering each unit of syllabi.

STANDARD OF PASSING:-

As Prescribed under rules & regulation for each degree/ Programme.

NATURE OF QUESTION PAPER AND SCHEME OF MARKING

(Theory):- Total Marks: 80

Que.1. Objective Questions

a).Multiple Choice Questions

10 marks

b).Answer in one sentence

10 marks

Que.2. Short Notes (Any Four out of five)

20 marks

Que.3. Answers the following questions in short (any four out of five)

20 marks

Que.4. Answer the following questions in broad (Any two out of out of four)

20 marks

Internal Evaluation (CCE)- 20 marks

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BA I SEM I

Syllabus of Psychology as per NEP

(Revised Syllabus to be implemented from July, 2023 onwards)

Class: - B.A.I Sem. I

Paper No-01

Subject Code – NMJ-PSY1

Title:-Introduction of Psychology

Objectives:

1. To acquaint students with basic concepts of Psychology.
2. To make students aware with neuroscience and behavior.
3. To make students aware with motivation, various approaches of motivation and human needs.
4. To understand emotions, range and the roots of emotions.

Module I: Introduction of Psychology

- 1.1 Definition of Psychology
- 1.2 Psychologists at Work
 - a) Subfields of Psychology
 - b) Careers for Psychology Majors
- 1.3. Today's Perspectives
 - a) The Neuroscience Perspective
 - b) Psychodynamic Perspective
 - c) Cognitive Perspective
 - d) Humanistic Perspective
- 1.4 Conducting Psychological Research
 - a) Survey Research
 - b) The Case Study
 - c) Experimental Research:
 - i) Experimental group and Controlled group
 - ii) Independent and Dependent Variables
 - iii) Random assignments of Participants

Module II: Behavior of Basis

- 2.1 Neurons
 - a) The Structure of the Neuron
 - b) How Neurons fire: Speed of Transmission and Mirror Neurons
 - c) Where Neurons Meet: Bridging the Gaps

- d) Neurotransmitters: Multitalented Chemical Couriers
- 2.2 The Nervous System
 - a) Central and Peripheral Nervous Systems
 - b) Activating the Divisions of the Atomic Nervous System
- 2.3 The Endocrine System
- 2.4 The Brain
 - a) Studying the Brain's Structure and Functions
 - b) The Central Core: Our Old Brain
 - c) The Limbic System: Beyond the Central Core
 - d) The Cerebral Cortex: Our New Brain
 - e) Neuroplasticity and Brain

Module III: Motivation and Emotion

- 3.1 Nature and Definition of Motivation:
 - a) Homeostasis
 - b) Maslow's Hierarchy: Ordering Motivational Needs
- 3.2 Human Needs and Motivation
 - a) The need for Achievement
 - b) The need for Affiliation
 - c) The need for Power
- 3.3 Understanding Emotional Experiences
 - a) The Functions of Emotion
 - b) The Roots of Emotions
 - i) The James-Lange Theory
 - ii) The Cannon-Bard Theory
 - iii) The Schachter-Singer Theory

Module IV: Sensation and Perception

- 4.1 Nature and Definition of Sensation
 - a) Sensation Threshold
 - b) Subliminal perception
 - c) Sensory Adoption
- 4.2 Perception
 - a) Nature and Definition of Perception
- 4.3 Gestalt laws of Organization
 - a) Top-Down and Bottom-up Processing
 - d) Depth perception
- 4.4 Illusion :definition of Illusion
 - a) Muller Lanier
 - b) Zollenar Illusion
 - c) Geometric Illusion

- **Text Books for Reading**

1. Feldman, R.S. (2019). Understanding Psychology. McGraw Hill Education (India) Private Limited, Chennai; 12th Edition (Fourth reprint 2019); ISBN-13:978-93-794-5, ISBN-10:93-5260-794-5
2. Kothurkar, and Vanarase (1986). Experimental Psychology: A Systematic Introduction, New Delhi: Wiley Eastern Ltd. (for module 1.1. &1.2)

- **Books for Reference**

1. K. Ciccarelli Sandra, White J. Noland, Misra Girishwar (2017). Psychology; Pearson Education; 5th Edition; ISBN-10: 9789352861798
2. Clifford Morgan, Richard King, John Weisz, John Schopler (2017). Introduction to Psychology; McGraw Hill Education; 7th Edition; ISBN-10: 0071347097
3. Nolen-Hoeksema, Fredrickson, Loftus, Lutz (2015). Atkinson & Hilgard's Introduction to Psychology. Cengage Learning; 16th Edition; ISBN-10: 8131528995

Sub. Psychology
Class: - B.A.I Sem. II
Paper No-02
Subject Code - NMJ-PSY2
Title:-General Psychology

Objectives:

1. To make the students aware with learning, classical conditioning and operant conditioning.
2. To makes the students familiar with foundations of memory.
3. To understand personality, various approaches, and assessment techniques of personality.
4. To make students aware with intelligence, theories of intelligence, Emotional intelligence, mental retardation and intellectually gifted.

Module I:-Learning

- 1.1. Definition of learning
- 1.2. Classical Conditioning
 - a) The Basics of Classical Conditioning
 - b) Applying Conditioning Principles to Human Behavior
 - c) Extinction
 - d) Generalization and Discrimination
- 1.3 Operant Conditioning
 - a) Thorndike's Law of Effect
 - b) The Basics of Operant Conditioning
 - i) Reinforcement: The Central Concept
 - ii) Positive Reinforces, Negative Reinforces and Punishment
 - iii) The Pro and Cons of Punishment
 - iv) Shaping
- 1.4. Observational Learning
 - a) Learning Through Imitation
 - b) Violence in Television and Video Games

Module II: Memory and Forgetting

- 2.1 The Foundations of memory
 - a) Three Basic Processes of Memory
 - b) Sensory Memory
 - c) Short-Term Memory and Rehearsal
 - d) Working Memory
- 2.2 Long-Term Memory
 - a) Long-Term Memory Modules
 - b) Semantic Networks
 - c)The Neuroscience of Memory

- d) Level of Processing
- e) Flashbulb Memories

2.3. Forgetting

- a) Why We Forget
- b) Proactive and Retroactive Interference
- c) Improving Your Memory

Module III: Personality

3.1 Definition of Personality

3.2 Psychodynamic Approaches to Personality

- a) Freud's Psychoanalytic Theory
 - i) Structuring Personality
 - ii) Developing Personality
 - iii) Defense Mechanisms

3.3 Trait Approaches

- a) Allport's Trait Theory
- b) Cattell and Eysenck
- c) Big Five Personality Traits

3.4 Assessing Personality

- a) Self-report Measures of personality
- b) Projective Methods c) Behavioral Assessment

Module IV: Intelligence

4.1 Nature and Definition of intelligence

4.2 Theories of Intelligence

- a) Fluid and Crystallized Intelligence
- b) Gardner's Multiple Intelligences

4.3 Emotional Intelligence

4.4. Assessing Intelligence

- a) Binet and development of IQ tests
- b) Contemporary IQ Tests: Wechsler Scales & WAIS-IV

4.5. Intellectual Disabilities: Mental Retardation

- a) Identifying the Roots of Intellectual Disabilities
- b) Integrating Individuals with Intellectual Disabilities

4.6. The Intellectually Gifted

• **Text Books for Reading**

1. Feldman, R.S. (2019). Understanding Psychology. McGraw Hill Education (India) Private Limited, Chennai; 12th Edition (Fourth reprint 2019); ISBN-13:978-93-794-5, ISBN-10:93-5260-794-5

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CCE (Internal Evaluation) for 20 marks

Evaluation Pattern 80:20 for BAI Sem. I & Sem. II